

# COMMISSION ON PEACE OFFICER STANDARDS AND TRAINING

**POST News**

**February 2019**

**ADMINISTRATION**

**Mike Sherlock**

*Executive Director*

**Tim Bunting**

*Deputy Director*

**Kathy Floyd**

*Executive Assistant*

**Susie Russell**

*Business Process Analyst*

**Adam Houle**

*Facilities Supervisor*

**Clare Cerda**

*Admin*

**STANDARDS**

**Scott Johnston**

*Chief*

**Warren Turner**

*Training Specialist*

**Cindy Lee**

*Program Officer*

**Kayla Parsley**

*Admin*

**TRAINING**

**Boe Turner**

*Chief*

**Greg Bennallack**

*Academy Commander*

**Eric Schinzing**

*Training Specialist*

**Randy Misch**

*Training Specialist*

**Dean Paris**

*Training Specialist*

**Rob Sheffield**

*Instructor*

**Amanda Socha**

*Admin*

775-687-7678

See our website for more

Information: [post.nv.gov](http://post.nv.gov)

And Facebook at

[Facebook.com/NVPOST](https://www.facebook.com/NVPOST)

**POST Professional Certificates Awarded**

POST is proud to list the following officers  
that have been awarded Professional Certificates during the month of January!

**6th District, Juvenile Probation**

Grady, Timothy P.; Advanced

**Douglas Co SO**

Fricke, Justin F.; Advanced

O'Sullivan, Luke P.; Advanced

Ridley, Clayton E.; Advanced

Wharton, Scott W.; Intermediate

**Elko PD**

Anderson, Erik D.; Intermediate

**Henderson PD**

Barlow, Amber B.; Intermediate

Gutierrez, Christopher J.; Intermediate

Hanley, Steven T.; Intermediate & Advanced

Morgon, Glenn V.; Intermediate

**LV Metro Detention Center**

Maas, Tracie M.; Intermediate

**LV Metro PD**

McGrath, Michael S.; Intermediate &

Advanced

**NV. Dept. of Public Safety**

Gavrilov, Dimitri A.; Advanced

Lewis, Kristofor M.; Intermediate

Phillips, James A.; Advanced

Stefik, Samantha C.; Supervisor

Wehn, Matthew E.; Advanced

Welsh, Adam K.; Advanced

**NV. Dept. of Wildlife**

Candee, Eric J.; Intermediate

**NV Gaming Control Board**

Orlikowski, Kathryn; Intermediate

**North LV PD**

Sanders, Todd M.; Advanced

Sharp, Steven D.; Intermediate

**Reno PD**

Miller III, Oliver E.; Supervisor

**Reno-Tahoe Airport Authority PD**

Hutchinson, LaRoy; Intermediate

**Sparks PD**

Ballesteros, Christopher G.; Intermediate

Thomas, Colby A.; Intermediate

**Washoe County SO**

Hart, Heather; Advanced

Lorman, John L.; Intermediate

Radli, Bryan L.; Advanced

**White Pine Co SO**

Fincher, Todd A.; Advanced

**Winnemucca PD**

Obregon, Dulce Y.; Intermediate

This communication is intended for all of Nevada Law Enforcement. Please forward this document or make it available to anyone for which the material may be of interest. This document is also available from the Home page of <http://post.nv.gov>

**SNALET/**  
**NALET**  
**Meetings**

The March 2019 SNALET meeting will be held on March 13, 2019 at 9:30 A.M. located at Las Vegas Metropolitan Police Dept. - 400 S. Martin Luther King Blvd., Bldg. A - Las Vegas

The March 2019 NALET meeting will be held on March 21, 2019 at 9:30 A.M. located at Carson City Sheriff's Office, 911 E Musser St - Carson City

**POST Commission Meeting**

The POST Commission meeting was held February 5th at 10:00 in Carson City. The following items were addressed:

The Commission approved to start the rule making process to change NAC 289.290 to include domestic violence as a stand-alone, revocable offense

The Commission revoked the Basic Certificates of three Nevada peace officers:

- The Commission revoked the Category I Basic Certificate of James R. Briggs based on a conviction of a misdemeanor.
- The Commission revoked the Category I Basic Certificate of Michael T. Richards based on a two convictions of two misdemeanors.
- The Commission revoked the Category I Basic Certificate of Jeffry G. Grasso based on a felony conviction. Previously in 2018 the Commission had suspended Grasso's basic certificate based upon a criminal indictment pending a conviction and the suspension is changed to a revocation.

The next commission meeting will be held May 2nd at 9:00am located at POST 5587 Wa Pai Shone Ave

**Dispatcher Basic Training Course**

POST has launched the new, voluntary, Dispatcher Training Course. Please see the POST website for more information and the Enrollment Form to start the program.

You must meet the requirements listed under NAC 289.335 in order to receive the Dispatcher Certificate.

If you have any questions regarding the enrollment of this program, please call or email Amanda at (775)687-3310 or [asocha@post.state.nv.us](mailto:asocha@post.state.nv.us)

**Reserve Program**

The Reserve program has been updated! For enrollment packets, please see the Forms Tab on the POST website.

If you have any questions or need assistance with this program, please call or email Amanda at (775)687-3310 or [asocha@post.state.nv.us](mailto:asocha@post.state.nv.us)

**POST Administration Manual**

POST is continually working to improve the POST Administration Manual in order to provide all agencies current information, policies, and guides. Please continue to reference this manual!

**POST Online Training: [nvelearn.nv.gov](https://nvelearn.nv.gov)**

Did you know POST offers online professional training courses for law enforcement? These courses are self-study and available through the State of Nevada Online Professional Development Center (nvelearn). All you have to do is create an account by accessing the website: <https://nvelearn.nv.gov> (also listed on POST’s website under Training Opportunities). These courses are available 24x7, 365 days a year, and from any computer with internet access!

**To begin your classes today, click [HERE](#)**

**Rio Salado College**, a Maricopa County Community College in Tempe, Arizona, is proud to announce its Credit by Examination program in Law Enforcement Technology. This program is for individuals who are interested in receiving college credit for graduating from one of the NV POST certified category I basic academies.

**Eligibility:**

Graduated from a NV POST certified category I basic peace officer academy certified for a minimum of 560 hour academy since January 2017

**Contact Darcy Breault, Public Safety Programs Coordinator, regarding any specific questions at 480-517-8461.**

POST Training Division has a supply of PR-24/Side handle batons, available to any Nevada Law Enforcement agency that can make use of them. If you are interested, please contact Training Officer Dean Paris at 775-687-3304 or [dparis@post.state.nv.us](mailto:dparis@post.state.nv.us) to make arrangements to pick them up.

Would you like to assist the POST academy in instructing, training and mentoring Nevada’s future peace officers? We are looking to expand our instructor pool, and can use your expertise and experience. If you are interested in becoming an instructor for the POST academy, please contact Training Officer Eric Schinzing at [eschinzing@post.state.nv.us](mailto:eschinzing@post.state.nv.us) or call 775-687-3308.

**This communication is intended for all of Nevada Law Enforcement. Please forward this document or make it available to anyone for which the material may be of interest. This document is also available from the Home page of <http://post.nv.gov>**

**NRS/NAC & POST Regulations**

[NRS 289.550](#)

**Certification from POST requirements.**

[www.leg.state.nv.us/NRS/NRS-289.html](http://www.leg.state.nv.us/NRS/NRS-289.html)

[Reciprocity Eligibility Requirements](#)

[NRS 289.460 Category I](#)

[NRS 289.470 Category II](#)

Peace Officer Definitions by Category.

[www.http://](http://www.http://)

[post.nv.gov/Training/Reciprocity/](http://post.nv.gov/Training/Reciprocity/)

[NAC 289.110](#)

Minimum standards for appointment

[www.leg.state.nv.us/NAC/NAC-](http://www.leg.state.nv.us/NAC/NAC-289.html#NAC289Sec110)

[289.html#NAC289Sec110](http://www.leg.state.nv.us/NAC/NAC-289.html#NAC289Sec110)

**Challenging Schedules are a part of law enforcement profession**

By Training Specialist Eric Schinzing, NEVADA P.O.S.T

Few careers are as challenging as being in law enforcement, both mentally and physically. Often a shift can be varied and intense, depending on the day. An officer must have the stamina to complete whatever is thrown at him/her. A functional workout can build the necessary stamina needed to come out on top.

In PATROL a lack of time is also an added challenge to a schedule. Use the acronym P.A.T.R.O.L to develop the discipline to train consistently and make exercise a part of your training.

**(P) Pick a Time**

With the challenging schedules that are part of the law enforcement profession, picking the right time to train can be difficult. It is imperative that you choose a time that will serve you well and benefit you both on and off the job. Once you choose a time when you consistently enjoy training, stick with it. Consistency is the key.

**(A) Assess**

Assess your fitness needs and readiness before each workout. In order to design and plan your workout of the day, you must make a thorough and critical assessment of your current fitness level, goals, strengths, areas that need improvement, and readiness. You also must take into consideration what you did for a workout the day before. Once you have made these assessments, you can design your workout of the day and train accordingly.

**(T) Train**

There are many types of training philosophies and methods. For example, high level trainers suggest a 3 days on/1 day off schedule. This method can apply to hard, moderate, or low impact training days followed by mobility/recovery days. Remember, your current level of readiness will determine the level of intensity of your "on" days.

**(R) Rotation**

To be functional and successful in both your on-duty and off-duty life, you need to be able to rotate. However, most exercises are linear in fashion. Think about your favorite exercises for one moment – push presses, pull ups, box jumps, etc. They all share a linear movement. That's OK. However, life and police work are both asymmetrical so we need the ability to move and respond accordingly.

**(O) One**

While training, you need to stay centered and focused on one rep, one movement, one combination at a time. This does not mean that you need to be too robotic or too deliberate. You can still go fast. You can still train hard. You just need to master each repetition by placing an emphasis on proper form.

**(L) Listen**

Listen to your body. It bears repeating. Listen to your body. If something feels out of the ordinary or if something hurts, you have options. Adjust your workout, focus on another area, or shut the workout down. Live to train another day. Your body will thank you both sooner and later.

**This communication is intended for all of Nevada Law Enforcement. Please forward this document or make it available to anyone for which the material may be of interest. This document is also available from the Home page of <http://post.nv.gov>**