

STATE OF NEVADA
COMMISSION ON PEACE OFFICERS' STANDARDS AND TRAINING

ACADEMY ENTRANCE
PHYSICAL FITNESS TEST SCORE CARD
Pursuant to NAC 289.300

**THIS FORM MAY BE USED FOR THE ACADEMY ENTRANCE PHYSICAL FITNESS TESTING ONLY OR AGENCIES
MAY DEVELOP THEIR OWN FORM
COMPLETED FORMS ARE NOT TO BE SENT TO POST**

Test Date _____ Start Time _____ End Time _____			
Name _____			
Last _____	First _____	MI _____	Last four of SSN or POST ID # _____
Agency _____			
Category for Certification: <input type="checkbox"/> Category I or Reserve <input type="checkbox"/> Category II <input type="checkbox"/> Category III			
In order to maintain the integrity and validity of the testing, the battery of tests must be given in accordance to the physical fitness testing procedures.			

Event	Standard	Score	Scorer Initials
Vertical Jump	Cat I & Reserve	11.5 inches	Reach
	Cat II	12 inches	Trial 1 _____
	Cat III	12 inches	Trial 2 _____
			Trial 3 _____
			Max _____
Agility Run	Cat I & Reserve	23.4 seconds	Trial 1 _____
	Cat II	24.9 seconds	Trial 2 _____
	Cat III	24.5 seconds	Score _____

1 minute Sit Ups	Cat I & Reserve	24	Score _____
	Cat II	23	Score _____
Push Ups	Cat I & Reserve	18	Score _____
	Cat II	12	Score _____
	Cat III	16	Score _____
300 Meter Run	Cat I & Reserve	82 seconds	Score _____
	Cat II	96 seconds	Score _____
	Cat III	89 seconds	Score _____
1.5 Mile Run	Cat I & Reserve	20:20 m/s	Score _____
	Cat II	24:10 m/s	Score _____
	Cat III	21:10 m/s	Score _____

Name of Test Administrator _____	Certification # _____
Signature _____	

FOR INTERNAL USE ONLY	
Test results verified by: _____	Signature _____ Date _____