



STATE OF NEVADA
COMMISSION ON PEACE OFFICERS' STANDARDS AND TRAINING
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**NEVADA COMMISSION ON
 PEACE OFFICERS' STANDARDS & TRAINING**
PHYSICAL FITNESS TEST SCORE CARD
Pursuant to NAC 289.200

Test Date _____	Start Time _____	End Time _____
Name _____		
Last	First	MI
Last four of SSN or POST ID # _____		
Agency _____		
Category for Certification: <input type="checkbox"/> Category I or Reserve <input type="checkbox"/> Category II <input type="checkbox"/> Category III		
In order to maintain the integrity and validity of the testing, the battery of tests must be given in accordance to the physical fitness testing procedures.		

Event	Standard	Score	Scorer Initials
Vertical Jump	Cat I & Reserve	14 inches	Reach
	Cat II	15 inches	Trial 1 _____
	Cat III	15 inches	Trial 2 _____
			Trial 3 _____
			Max _____
		PASS / FAIL	
Agility Run	Cat I & Reserve	19.5 seconds	Trial 1 _____
	Cat II	20.7 seconds	Trial 2 _____
	Cat III	20.4 seconds	Score _____
			PASS / FAIL
1 minute Sit Ups	Cat I & Reserve	30	Score _____
	Cat II	29	Score _____
			PASS / FAIL
Push Ups	Cat I & Reserve	23	Score _____
	Cat II	15	Score _____
	Cat III	20	Score _____
			PASS / FAIL
300 Meter Run	Cat I & Reserve	68 seconds	Score _____
	Cat II	80 seconds	Score _____
	Cat III	74 seconds	Score _____
			PASS / FAIL
1.5 Mile Run	Cat I & Reserve	16:57 m/s	Score _____
	Cat II	20:06 m/s	Score _____
	Cat III	17:37 m/s	Score _____
			PASS / FAIL

As the Administrator of the Physical Fitness Test, I have verified the above scores, analyzed the results, and have indicated the final results of each test by circling PASS or FAIL as appropriate.

Name of Test Administrator _____	Certification # _____
Signature _____	