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#### **ADMINISTRATION**

Mike Sherlock **Executive** Director **Tim Bunting Deputy Director** Kathy Floyd **Executive** Assistant Adam Houle **Facilities Supervisor** 

#### **STANDARDS**

**Scott Johnston** Chief Warren Turner **Training Specialist Cindy Lee Program Officer Kayla Parsley** Admin

#### TRAINING

**Boe Turner** Chief **Brian Mehrer** Academy Commander Andy Borkowski **Training Specialist Eric Schinzing Training Specialist Cameron Carmichael Training Specialist** Amanda Socha Admin

775-687-7678

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#### **POST Academy 2018-01 Academy**

Academy class 2018-01 is full! We have limited spots left for alternates as well, so if you would like to have your cadet on the alternate list, please get your packets in ASAP.

If you have any questions or need further assistance, please contact Amanda at 775-687-3310 or asocha@post.state.nv.us



### 2017 Annual Compliance

Coming up in compliance....

In January, Non Compliance reports will be sent to SPOC's and Agency Administrators. Along with those reports will be the Non Compliance letters that will need to be served to the officer. Once an officer receives his letter, he has 60 days to come into compliance or is subject to further action by the POST Commission.

We are aware there has been delays in the reporting process due to issues with our server. We will be doing everything we can to assist you in getting your compliance updated and helping you through this process. If you have any questions or need clarification on anything, please call Scott Johnston at 775-687-3335.



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## Holiday Weight Gain is a Real Concern

New research has shown holiday weight gain accumulates. By Training Specialist Eric Schinzing

Although the topic of holiday weight gain comes up every year, research has found the occurrence is more a reality then a myth. Starting in October, Americans begin putting on extra pounds from sweets and treats and peak sometime after Christmas into the New Year. Coincidentally, it is just after this time in which new gym memberships come into vogue.

According to research from Cornell University, people's weight increase during the holiday season. On average Americans gain approximately one to two pounds during the holiday season. While this weight gain is not significant, research also shows those "extra" pounds accumulate over the years. A trim and fit officer can send the right message to the community and this includes criminals as well. So stay mindful of your health during the holiday season while enjoying time with friends, family and food.

In preparation for a big party or feast, do not skip meals during the day as this may result in overeating. It is always important to have a healthy breakfast, even for those on shift work like peace officers. Research shows those whom eat a healthy breakfast consume less calories throughout the day. Additionally, include a lot of fiber in your diet by eating fruits, vegetables and whole grains. Fiber-rich foods are high in volume and will satisfy hunger, but are lower in calories.

Holiday meals tend to be large and buffet-style and include second and third helpings. Some strategies to help you put less food on your plate is to use a smaller plate or start by filling your plate with healthy choices like vegetables and salad prior to entrees and desserts. It will be easier to pass on extra dessert.

Finally, after eating, get some physical activity. This is a great time to go for a walk or play an active game with friends and family.





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## NRS 289.550 Persons required to be certified by Peace Officers' Standards and Training Commission; period by which certification is required.

1. Except as otherwise provided in subsection 2 and NRS 3.310, 4.353, 258.007 and 258.060, a person upon whom some or all of the powers of a peace officer are conferred pursuant to NRS 289.150 to 289.360, inclusive, must be certified by the Commission within 1 year after the date on which the person commences employment as a peace officer unless the Commission, for good cause shown, grants in writing an extension of time, which must not exceed 6 months, by which the person must become certified. A person who fails to become certified within the required time shall not exercise any of the powers of a peace officer after the time for becoming certified has expired.

We at POST often receive inquiries regarding the statutory period in which one has to become certified when employed as a peace officer. That requirement is clearly addressed in NRS 289.550. The question posed to POST often is, "What do we do with a person who is still employed but not yet certified upon the running of the statute?" Couple things to remember. First, this is an NRS requirement- it is not a regulation allowing POST to make regulatory changes. Second, the statute is not ambiguous - it is clear, the employee "shall not" exercise any powers of a peace officer after that statutory period has expired. POST would encourage agencies to speak with their legal counsel in determining what is or isn't peace officer powers. That said, we at POST believe it is safe to assume, wearing a uniform, carrying and or displaying a firearm, at least during work hours, driving a marked vehicle, conducting investigations, detentions and arrests, carrying out custody tasks such as working as a uniformed detention staff member and dealing directly with inmates and arrestees (keeping in mind that the NRS defines custody personnel as peace officers) would likely be deemed "peace officer" powers by the courts.

In terms of remedy for violating NRS 289.550, POST again would encourage you to speak with your legal counsel and district atomey's office. One possible remedy, from a criminal law standpoint, is dismissal or conviction reversal of arrests made in violation of the statute. From a civil law stand point there is the possibility of allegations of false arrest and/or other causes related to acting under the color of authority. In other words, agencies should take this statute seriously as they would any other statute. We at POST are to here to help, and will provide whatever we can to educate and insure that violations do not occur. The first thing is to make sure agencies are aware of statutes that effect peace officers. We also strive to notify employing agencies when we become aware of reported peace officer positions that are approaching the statutory time period and have not yet been certified.

We at POST believe our law enforcement agencies in Nevada are the best in the Nation. Our experience is every agency strives to exceed the minimum standards adopted by POST and the statutory requirements imposed by the legislature. Violations are extremely rare, but POST hopes to assist in keeping agencies educated as to the requirements. Ultimately it is the responsibility of POST to ensure that peace officer standards for hiring, certification, continuing education and advanced training are met, and notify the concerned parties when those are in jeopardy. If you have any questions as to the requirements, do not hesitate in contacting POST.



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Please

Donate

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# **G.I. Bill Benefits**

#### ttention Veterans Attending the <u>POST Academy 2018-01</u>

If you are a veteran and qualify for GI Bill Benefits, and would like to apply for those benefits prior to the academy, please complete:

- Form 22-1990 (if you have never applied)
- Form 22-1995 (if you have already applied for benefits

POST will also need a copy of all certificates, copy of transcripts (unofficial is acceptable), and all training that may qualify for prior credit (DD-214, Military Transcripts, College Transcripts). Please bring all required documents including these forms, filled out and completed, the first week of the academy.

If you have any questions please visit: <u>http://www.benefits.va.gov/gibill</u> <u>Https://gibill.custhelp.com/app/home</u> You may also contact 888-GIBILL1 (888-442-4551)

Wanted Couches

POST is in need of some lightly used, still in fairly good condition, couches for our cadet dorms. If you have any couches you'd like to donate please contact Eric Schinzing at 775-687-3308 or at





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### **Job Announcement!!**

POST is looking for a Business Process Analyst. If you are interested, please go to the State of Nevada website: (https://nvapps.state.nv.us/NEATS/Recruiting/ViewAnnouncement.aep? recruitmentId=32981) for the job announcement.



PROFESSIONAL

DEVELOPMENT

**Professional Development Course Scheduled** 

Basic Instructor Development Course: June 4-7, 2018 from 0800-1700.

Please visit our website's Forms page to obtain the "Professional Development Course Registration Form" to sign up.





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#### **POST Professional Certificates Awarded**

POST is proud to list the following officers that have been awarded Professional Certificates during the month of November.

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**Churchill Co So** Kufalk, Bradley M.; Supervisor Clark Co Dept of Juvenile Justice Services Fletcher, Johnny J.; Intermediate Gutierrez, Jacqueline; Intermediate Olewinski, Gene M.; Intermediate and Advanced Williamson, Kevin D.; Intermediate Clark Co School Dist PD Martin, Jason W.; Advanced **Douglas Co So** Short, Derek C.; Intermediate Elko PD Williams, Dennis; Supervisor Esmeralda Co So Merrow, Charley J.; Intermediate Henderson PD Brown, Colin A.; Supervisor Gilliland, Nicholas J.; Intermediate and Advanced Thomas, Robert D.; Supervisor LV Metro PD Conk, Brandon C.; Advanced and Supervisor Edens, Joseph C.; Supervisor Geiger, Kathleen R.; Supervis Leal Jr., Hector R. Intermediate and Advanced Marzec, Justin R.; Supervisor Rodriquez, Ricardo A.; Superviso Tusko, Richard D.; Intermediate and Advanced NV Dept of Public Safety Borchardt, Robert H.; Super Davis, Andrew E.; Supervi **NV Transportation Authority** Case, Timothy P.; Supervisor North LV PD Mikolajczyk, Mark J.; Intermediate and Advanced Miller, Dwayne M.; Supervisor Reno PD Schwartz, Sean D.; Intermediate and Advanced Walker River Tribal PF Sanchez, Roman S Washoe Co So Eaton, Mark T.; Int Evans, Charles M.; Advanced Hammond, Marissa G.; Advanced Holley, Matthew Iacoboni, Scott A.; Management Mullen, Wade A.; Management

Washoe Co School Dist PD Szabo, Christopher A.; Intermedia