



May 2017

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Mike Sherlock

Executive Director

Tim Bunting

Deputy Director

Kathy Floyd

Executive Assistant

Shirley Micallef

Business Process Analyst

Doyle Smith

Facilities & Fleet Mgr

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Warren Turner
Training Specialist
Cindy Lee

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Program Officer

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Chief
Brian Mehrer
Academy Commander
Andy Borkowski
Training Specialist
Eric Schinzing
Training Specialist
Cameron Carmichael
Training Specialist
Amanda Socha

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May Commission Meeting Highlights

The Workshop and Commission Meeting were held on May 4, 2017, at the POST facility located in Carson City.

- The commission approved the proposed revisions to clarify wording in the NAC
 pertaining to firearm training and change course certification requirements regarding
 training providers outside of Nevada and will continue the rule making process toward
 finalization.
- The commission revoked the eligibility of awarding any basic certificates to Andrew Denning based on a No Contest plea to a Misdemeanor and Guilty Plea Agreement to a Felony.
- The commission revoked the basic certificate of Kenneth Head for a Gross Misdemeanor conviction.

Access the **Commission Meetings** page of our website for more information.

Executive Certificates Awarded by the Commission

The POST Commission approved and is proud to award the highest professional certification of the POST Executive Certificate to the following officer:

• Captain Joseph Chesley, Mesquite Police Department

Congratulations to the Graduates of POST Academy Class 2017-01 "to protect and to serve"



The Nevada Commission on Peace Officer Standards and Training (POST) is pleased to announce the graduation of POST Academy Class 2017-01 on Thursday, May 18. Twenty-five Category I officers and one Category III officer, representing 17 agencies from around the state took the oath of office. The ceremony was held on the front lawn of POST Building at the Stewart Facility in Carson City, NV, and highlighted POST Commissioner and Deputy Chief of the Washoe County Sheriff's Office, Russell Pedersen, as the keynote speaker as well as the POST Executive Director, Michael Sherlock, who also addressed the graduating class. The following cadets were awarded special recognition for superior achievement:

- Deputy James S. Sylvester from Eureka CO Sheriff's Office, Superior Marksmanship
- Agent Jeff M. Bell from the Nevada Gaming Control Board, Physical Fitness
- Deputy Derek C. Short from Douglas CO Sheriff's Office, Outstanding Graduate







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Registration Deadline For POST Academy 2017-02

2017-02 Academy Registration deadline is June 22nd

Enrollment for the POST Basic Training Academy that begins 7/24/17 is based on submission of completed enrollment packets. POST no longer accepts names or reservations for

spots in the Basic Academy so submit the completed enrollment packet to Amanda Socha as soon as possible at asocha@post.state.nv.us.

Please see the below POST Academy Enrollment Policy for further details.

POST Academy Enrollment Policy

Each POST academy class has a maximum of 32 cadets open to all agencies in the state. The start date and the enrollment packet for each academy class are posted on the POST website along with the specified deadline date for enrollment. All completed forms and documents that are required for successful enrollment must be received by the specified deadline date, at which time the enrollment for that class is considered closed. No other cadet enrollment will be accepted after this date unless an exception is approved by the POST Executive Director.

If more than 32 cadets are enrolled in one class, acceptance will be based on an agency's selection of no more than two cadets per agency, on a first come first serve basis, in addition to the following priority:

- 1. Any officer granted an extension by the Commission;
- 2. Rural agencies with cadets due to reach one year of employment prior to the start of the following academy;
- 3. State agencies with cadets due to reach one year of employment prior to the start of the following academy;
- 4. Rural agency cadets;
- 5. State agency cadets;
- 6. Tribal agency cadets

Based on a cadet's agency and the above priority, up to 4 alternate cadets will be identified, prioritized and notified. Alternate cadets must attend the first day of the academy with all required uniforms and equipment and participate in the physical readiness academy entrance test. Alternate cadets are not guaranteed enrollment in the class; however, if vacancies occurs on day one, each vacancy shall be filled by an alternate cadet in their prioritized order. Any alternate cadet not confirmed into the class and officers that had successfully enrolled, but not accepted, will automatically be placed on a waiting list for the following academy class.







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PPFT Administrators Course

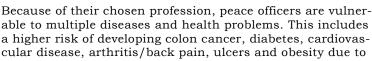


POST is conducting a PPFT Administrators course on <u>June 1st</u> at the POST facility from 0800 to 1100 in Classroom 2. There is a limit of 32 spots. To register, please email Amanda Socha at



If attending, please print the <u>POST Physical Fitness Test</u> found on the POST website and bring it with you to class.

Peace Officer Physical Readiness Try Circuit Training





lack of physical fitness. In addition, peace officers have a tendency to adopt unhealthy life-styles, which may include tobacco, drug, or alcohol use. Because of their job related health challenges, officers are found to be at higher risk of premature death when compared to the general population. Officers should be mindful that studies show that, after retirement, the average lifespan of a law enforcement officer is two to five years and that a third of officers retire early due to health problems. Some of the additional underlying factors that result in officers' health problems can be contributed to psychological exhaustion, poor sleep habits, unhealthy diets, and infrequent exercise. Arresting a subject, participating in training exercises, walking, motor vehicle non emergency, and foot pursuits are some of the activities that most frequently cause injuries in the day-to-day duties of an officer.

We all know there is no easy way to maintain physical readiness and good health. It takes hard work. Research has been conducted that targeted strategies for individuals within law enforcement to help prevent deadly diseases, health problems, and injuries through strength training and physical fitness. Developing muscular balance through strength training and physical fitness can prevent and rehabilitate injuries. It has also been acknowledged that, in order to combat obesity and burn fat, one must adopt a training program that focuses on building muscle. It is known that when a human's body has more muscle, it is more efficient at burning energy during training. It has been recorded that officers who exercised four times per week were less likely to develop injuries and other health problems; and, officers that exercised even more frequently were more likely to have healthy lifestyles compared to officers that fail to exercise. It has been recommended that circuit training be adopted by law enforcement agencies to increase the health and body composition of their law enforcement officers. Circuit training is one way to exercise that keeps workouts interesting — even fun — and can motivate officers to keep healthy and fit helping to increase muscle mass, flexibility, cardiovascular and muscular endurance.



Look for interesting physical readiness information each month from Eric Schinzing, POST Training Specialist





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Use of Force MILO Trainer at POST

Nevada POST has acquired a new use of force simulator (MILO); which is available to use at the NV POST facility or to be taken to agencies for use at their location. This state-of-the art use of force simulator has up to 400 plus scenarios that provide officers with real life

situations that challenge their ability to make quick choices and decisions in regards to appropriate use of force. The simulator has force options including Taser, OC and Lethal. Each scenario can be controlled by the operator depending on the reactions of the officers in the scenario. For more information, see the below policy in regards to the use of force simulator.

Outside Agency MILO Trainer (Use of Force Simulator)

Agency Notification: In order for agencies to use the POST MILO 'Use of Force' simulator, the following procedures must be followed. Should they not be followed, future use will not be considered.

Request procedures:

- A request by the agency will be sent via email to the Basic Training Division Training Officer Andrew Borkowski (aborkowski@post.state.nv.us).
- Once the request is received by the Basic Training Division, the MILO calendar will be checked for the time frame requested.
 - The Priority for the MILO trainer will first be for the Basic Academy and then outside agencies.
- Request for use at a local agency will be based upon availability of a Training Officer
 Agencies Requesting MILO

Agencies that are requesting the use of the MILO system can either use the system at Nevada POST or may request the system at their local agency.

If the MILO is requested to be used at Nevada POST, a Training Officer will be available to run the system for the requesting agency. If the MILO is utilized at Nevada POST, the requesting agency will be allowed to utilize both MILO systems.

If the MILO is requested to be used by the local agency, a Training Officer will travel to the agency with the system to set-up and run the system. The requesting agency will be responsible to cover the cost of lodging and per diem for the Training Officer. The agency requesting will be allowed use of the MILO system for no more than 3 full training days (travel days are not included).

MILO Training Time:

All MILO training hours and number of officers will be logged for tracking purposes.







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POST Professional Certificates Awarded

POST is proud to list the following officers that have been awarded Professional Certificates during the month of March (indicated by an *) and the month of April 2017:

Boulder City PD

Douglas E. Massy, Advanced

Carson City Dept of Alt Sentencing

Bart A. Lambert, Supervisor

Carson City SO

Michael C. Jerauld, Intermediate

Carson City Juvenile Probation Services

*Jesse J. Gutierrez, Intermediate

Clark Co Dept of Juvenile Justice Svcs

Antoine P. Clayton, Intermediate and Advanced

Douglas Co SO

Brian S. Hubkey, Supervisor Francisco A. Torres, Advanced

Elko PD

Jason D. Checketts, Supervisor and Advanced Jonathan R. Moore, Supervisor Donald J. Pepper, Supervisor

Fallon PD

Joshua T. Atchison, Supervisor Christopher M. Decker, Supervisor

Henderson PD

Ritch A. Melchert, Intermediate and Advanced

LV Metro Detention Center

Justin J. Connell, Intermediate Christina M. Hightower, Advanced Amanda K. Judd, Intermediate Michael L. Kahnke, Advanced Matthew C. LeBaron, Intermediate Gary W. Long, Supervisor Cameron T. Owens, Intermediate Chad J. Owens, Intermediate Joey C. Quidachay, Intermediate Nelita L. Ulep, Intermediate

LV Metro PD

Robert J. Alford, Intermediate and Advanced Christopher R. Archer, Intermediate and Advanced Russell L. Backman, Intermediate and Advanced Michael Brambila, Advanced

John W. Campbell, Intermediate

Elias Cardenas, Intermediate and Advanced Dawid Chudoba, Intermediate and Advanced

*Brittany A. Cina, Intermediate

*Christopher P. Dinh, Intermediate

James J. Downing, Intermediate and Advanced Edward A. Ericson Jr., Intermediate and Advanced Juan C. Fernandez, Intermediate and Advanced

Kyle R. Frett, Intermediate and Advanced Bradley C. Gallup, Intermediate

Baudelio Gastelum, Intermediate and Advanced

*Tana J. Gurule, Intermediate

Charleston V. Hartfield, Intermediate and Advanced Eric L. Honea, Intermediate and Advanced Christopher D. Kendrick, Intermediate and Advanced Homan H. Lam, Intermediate and Advanced

*Alejandro Macias, Intermediate and Advanced

*Nicholas C. Madesen, Intermediate and Advanced Jason T. McCarthy, Intermediate

Jeremy F. Melvin, Intermediate and Advanced

Deshone J. Myles, Supervisor Jason W. Nelson, Intermediate

*Tullio A. Pandullo, Advanced

Joseph R. Patton, Intermediate and Advanced

*Ryan J. Petersen, Intermediate

Scott A. Phillips, Supervisor

Scott T. Pitchford, Intermediate and Advanced Jeffrey K. Prall, Intermediate and Advanced

Robert R. Rafferty, Intermediate and Advanced

Johnny G. Rodriguez, Intermediate and Advanced

Michale T. Simmons

George L. Smith, Intermediate and Advanced Michael A. Smith, Intermediate and Advanced

*Angela A. Suarez, Intermediate and Advanced

*Cody T. Vigil, Intermediate

Theodore P. Weirauch, Intermediate and Advanced Michael L. Wilson, Intermediate and Advanced Sonam T. Yarphey, Intermediate and Advanced

Brian M. Young, Intermediate and Advanced

NV Dept of Corrections

Michael G. Gallardo, Supervisor

Mesquite PD

*Joseph M. Chesley, Management

NV Dept of Public Safety

*Rafael A. Aguilera, Advanced

Jonathan M. Clayton, Intermediate and Advanced

Tappan D. Cornmesser, Intermediate and Advanced

Rodger D. Fickel, Supervisor

Steven Helms, Intermediate and Advanced Kevin A. McNeal, Intermediate and Advanced Michael J. Zolyniak, Supervisor

NV Gaming Control Board Julie A. Heimbigner, Supervisor

Pyramid Lake Paiute Tribal PD

Darren A. Stewart, Supervisor

Reno PD

Jerry W. Clark, Supervisor Laura A. Conklin, Supervisor

Jason P. Stallcop, Supervisor

Reno-Tahoe Airport Authority PD

Keith R. Bopko, Supervisor

Kevin E. Field, Supervisor and Management Sparks PD

Christopher F. Crawforth, Supervisor Jason S. Kimball, Advanced

Washoe Co SO

*Lisa A. Hallberg, Intermediate Joel R. Hospodar, Intermediate Krista L. Murray, Advanced

Washoe Co School Dist PD

Shannon M. Bevilacqua, Advanced *Megan L. Villa, Advanced