#### **STATE OF NEVADA**

# COMMISSION ON PEACE OFFICER STANDARDS AND TRAINING

# **POST News**

### July 2018

#### ADMINISTRATION Mike Sherlock

**Executive Director** 

**Tim Bunting** 

## **POST Professional Certificates Awarded**

POST is proud to list the following officers

that have been awarded Professional Certificates during the month of June!

Deputy Director		
Kathy Floyd	Clark Co Dept. of Juvenile Justice	Lander Co So
<b>Executive</b> Assistant	Svcs	Rochester, John A.; Supervisor
Susie Russell	Acuna, Maira E.; Intermediate & Advanced	Lyon Co So
Business Process Analyst	Elko Co So	Collins, Brendan J.; Intermediate &
Adam Houle	Leahy, Matt.; Supervisor 🦳 🚺 🔶	Advanced
Facilities Supervisor	Henderson PD	Kusmerz, Erik J.; Intermediate
Clare Cerda	Borden, James W.; A <mark>dvanced</mark>	Mesquite PD
Admin	Ellena, William B. <mark>; Interme</mark> diate & Advanced	McOmie, Ian K.; Supervisor
	Karovic, Edward P.; Intermediate	NV. Dept. of Corrections
STANDARDS	Molinaro, Anthony J.; Intermediate	Jones, James K.; Supervisor
Scott Johnston	LV Metro Detention Center	NV. Dept. of Public Safety
Chief	Barrowes, Neldon C.; Intermediate	Bohl, Brandon P.; Intermediate & Advanced
Warren Turner	Butler-Burleston, Ashton M.; Supervisor	LaPrairie, Jules S.; Intermediate
Training Specialist	Leavitt, Bradley S.; Supervisor	Morgon, Neil C.; Advanced
Cindy Lee	Tarver, <mark>Sedr</mark> ick D.; Intermediate	NV Gaming Control
Program Officer	LV Metro PD	Macey, Scott A.; Intermediate & Advanced
Kayla Parsley	Camac <mark>ho, L</mark> eah; Int <mark>ermediate</mark>	Nye Co So
Admin	Culver, David M.; Intermediate & Advanced	Curtin, Gregory F.; Supervisor
	Everett, Gregory M.; Supervisor	McKillips, Daniel L.; Supervisor
<u>TRAINING</u>	Griffith, Dell M.; Intermediate & Advanced	Reno PD
Boe Turner	Hernandez, Enrique P.; Intermediate &	Daniels, Anthony D.; Intermediate
Chief	Advanced	Washoe Co So
Brian Mehrer	Larson, Ryan W.; Intermediate	Beier, Troy A.; Intermediate
Academy Commander	Wedulle, James I., Supervisor	Cholico, George L., Advanced
Eric Schinzing	Moser, Charles L.; Intermediate & Advanced	Daniel, Williams T.; Advanced
Training Specialist	Rose, Jason E.; Intermediate & Advanced	Tracy, Aaron L.; Intermediate
Cameron Carmichael	Schmidt, Beth J.; Supervisor	ANDA
Training Specialist	Velasquez, Andrew T.; Supervisor	ATTE
Dean Paris	Walsh, Armando H.; Intermediate &	LEAD
Training Specialist	Advanced	TEGRITY
<b>Rob Sheffield</b>		
Instructor		
Amanda Socha		
Admin		
775 (07 7670		

775-687-7678 See our website for more Information: post.nv.gov And Facebook at Facebook.com/NVPOST

This communication is intended for all of Nevada Law Enforcement. Please forward this document or make it available to anyone for which the material may be of interest. This document is also available from the Home page of <u>http://post.nv.gov</u>

# **POST News**

#### NRS/NAC & POST Regulations

NRS 289.550 Certification from POST requirements.

www.leg.state.nv.us/NRS/ NRS-289.html

Reciprocity Eligibility Requirements NRS 289.460 Category I

NRS 289.470 Category II

Peace Officer Definitions by Category. www.http://post.nv.gov/

Training/Reciprocity/ NAC 289.110

Minimum standards for appointment www.leg.state.nv.us/ NAC/NAC-289.html#NAC289Sec110

POST Administration <u>Manual</u>

We've made changes to the POST Administration Manual: Please review HERE

## SNALET/NALET Meetings

The August SNALET meeting will be held on August 15, 2018 at 9:30 A.M. located at Henderson PD, North Area Command - 225 E. Sunset Rd -Henderson

The August NALET meeting will be held on August 23, 2018 at 9:30 A.M. located at Regional Public Safety Training Center - 5190 Spectrum Blvd Reno

### **POST Academy**

#### Academy 2018-02 has officially started! Best of luck to all cadets!

If you have an employee needing to attend the academy, please contact Amanda Socha in order to get further information on registration for the next academy, 2019-01 starting in January 2019. For the dates and deadlines for the upcoming POST academies in 2019, please visit the Academy Dates and Forms section of our website under Training. If there are any questions please contact Amanda Socha at 775-687-3310, or at asocha@post.state.nv.us.

# New Employees

Join us in welcoming our newest employee, Dean Paris. Training Specialist Dean Paris has joined our academy staff after more than 20 years in the United States Marine Corp. His military and law enforcement experience will be a great benefit to our academy.

We also welcome Rob Sheffield who has joined our academy as the in-house Instructor/Subject Matter expert. His 20+ years of law enforcement experience will be invaluable to the training of our cadets.

# Thank you both for joining our team!

**Rio Salado College**, a Maricopa County Community College in Tempe, Arizona, is proud to announce its Credit by Examination program in Law Enforcement Technology. This program is for individuals who are interested in receiving college credit for graduating from one of the NV POST certified category I basic academies.

#### Eligibility:

Graduated from a NV POST certified category I basic peace officer academy certified for a minimum of 560 hour academy since January 2017

Contact Darcy Breault, Public Safety Programs Coordinator, regarding any specific questions at 480-517-8461.

> ASP Instructor Training September 4 -6, 2018 NV POST- Carson City, Nevada Must Attend all three days in order become certified.

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# **POST News**

# EVOC Training Vehicles Needed

POST is in need of EVOC training vehicles. Specifically we are looking for Crown Victoria's and/ or Chargers. Vehicles should be in fair shape with no major mechanical issues. If any agency has any leads on patrol vehicles now, or in the near future please contact Adam Houle at (775) 687-3314, or email at

ahoule@post.state.nv.us Any help is greatly appreciated.

# Management Program

POST is in the process of up-dating all of its programs. The current Management program is undergoing an update. Anyone that has started taking the modules are encouraged to complete the program during the 2018 calendar year. We will be changing the Independent modules and books so that information in the books can be better used in the classroom setting.

# JULY 2018

## **Peace Officer Physical Readiness**

When you exercise regularly there are many more benefits other than just weight loss or staying in shape. Fitness helps improve all aspects of your life, including work productivity. Fitness affects your health, your ability to stay alert on duty, your production and can even make you more eligible for promotion. By not exercising regularly, you could be putting your health, your job and your partners at risk.

## **Optimum Physical Health**

Being in your best Physical Health will improve your overall physical abilities. Not only can fitness reduce body weight and risk of certain medical conditions, but also can improve cardiovascular health, which endows more stamina for any physical demands both on and off duty.

### **Improves Mental Health**

Regular exercise can help curb feelings of anxiety and depression. When you work out your brain releases serotonin which improves the state of mind, making the stressors of duty and life easier to handle. Stress dealt with constructively, can lead to improved relationships with co-workers and family members and allow for a more secure future in a taxing profession.

# Illness Prevention

Fitness through power walking, running, weight lifting, swimming and martial arts can help reduce your risk of developing certain types of illness and disease. This means fewer sick days, improved immunity, reduced risks of developing type 2 diabetes, obesity, hypertension and heart disease – all which can interfere with work productivity and quality of life.

### Mandatory In-Service Law Enforcement Fitness

In-Service Training of police officers has always been encouraged to enable an officer to perform more efficiently and safely. Some in-service training is mandatory by various federal or state statutes, codes or rules. Based on the limitless positive effects of fitness on officers many agencies have either offered or mandated on duty exercise. These agencies have seen fewer on duty injuries, sick days and higher production from their officers

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