

# COMMISSION ON PEACE OFFICER STANDARDS AND TRAINING

POST News

May 2021

## **ADMINISTRATION**

**Mike Sherlock**

*Executive Director*

**Chris Carter**

*Deputy Director*

**Amanda Socha**

*Executive Assistant*

**Tina Baldassare**

*Business Process Analyst*

**Adam Houle**

*Facilities Supervisor*

**Katelyn Morse**

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## **STANDARDS**

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*Chief*

**Dean Paris**

*Training Specialist*

**Cindy Lee**

*Program Officer*

**Kelly Engels**

*Admin*

## **TRAINING**

**Greg Bennallack**

*Chief*

**Warren Turner**

*Academy Commander*

**Randy Misch**

*Training Specialist*

**Richard Moore**

*Training Specialist*

**KC Haase**

*Training Specialist*

**Kayla Parsley**

*Admin*

**775-687-7678**

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Information: [post.nv.gov](http://post.nv.gov)

And Facebook at  
[Facebook.com/NVPOST](https://www.facebook.com/NVPOST)

## **POST Commission Meeting**

### **Updates provided by Director Sherlock:**

1. Legislative changes will be forthcoming.
2. There are two officers out of compliance for 2020, one from Nevada Department of Corrections and one from Laughlin Township Constable's Office. Suspension, if necessary, will be handled at the upcoming July meeting.

Other state POST entities were surveyed, through IADLEST, since the February meeting. No changes will be made to the Reciprocity process in Nevada. The determination was made to leave the process the way it stands. If an agency wants to create an Executive Level Academy to certify expired, newly hired, Executive Level Staff, and the academy meets all POST requirements, the academy will be certified.

### **Two former officers were revoked:**

Blake Read was convicted of 2 Gross Misdemeanor counts, Count I – Aiming a firearm at a human being and Count II- Performance of act or neglect of duty in willful or wanton disregard of safety of persons or property

Allan Strand was convicted of 2 Gross Misdemeanor counts, Count I – Unlawful killing of mule deer and Count II-Conspiracy to commit unlawful killing of mule deer

### **Four Executive Certificates were awarded at this meeting:**

Captain Daniel Bledsoe, Las Vegas Metropolitan Police Department

Chief Chris Crawforth, Sparks Police Department

Major James Simpson, Nevada Department of Public Safety

Captain Earl Mays III, Carson City Sheriff's Office

## **POST Academy Graduation May 20, 2021**

The graduation ceremony for POST Academy Class 2021-01 will be held on Thursday, May 20, 2021 at 5:00 P.M. This graduating class will include twenty-three Category I peace officers and two Category II peace officers from various County Sheriff's Offices, Juvenile Probation Departments, City Police Departments, and State Agencies.

**This communication is intended for all of Nevada Law Enforcement. Please forward this document or make it available to anyone for which the material may be of interest. This document is also available from the Home page of <http://post.nv.gov>**

## Training Vehicles Needed

Nevada POST is currently in need of training vehicles. Vehicles should be in fair shape with no major mechanical issues. If any agency has any leads on patrol vehicles now, or in the near future please contact Adam Houle at (775) 687-3314, or email at

[ahoule@post.state.nv.us](mailto:ahoule@post.state.nv.us)

## Wheels needed

Do you have any spare 18" wheels for Ford or Dodge Police Vehicles that you are looking to donate? Specs: black, steel wheel, 18 x 8, 5 Spoke, 5 stud/lug.

If so, please contact Adam Houle at 775-687-3314 or [ahoule@post.state.nv.us](mailto:ahoule@post.state.nv.us)

## POST Dorm Improvements

Do you have a foosball or ping pong table you would like to get rid of? POST is accepting donations to update our cadet dayroom.

Please contact Adam Houle at 775-687-3314 or

[ahoule@post.state.nv.us](mailto:ahoule@post.state.nv.us).

## Nevada POST Management Program Library

POST has four sets of textbooks available for loan.

- The books are available on a first come, first serve basis.
- The books must be requested by the agency, not by the individual.
- **Maximum** checkout period is **ninety days**.
- Shipping will be covered by the requesting agency.
- All textbooks shall be returned in original condition.
- The requesting agency will accept responsibility for damaged or misplaced textbooks.

Please contact Ms. Kayla Parsley for textbook availability and checkout procedure.

[kparsley@post.state.nv.us](mailto:kparsley@post.state.nv.us)

Thankyou for your interest and participation in the POST Management Program.

Gregory Bennallack, Training Division Chief

## Thank you Douglas & Storey County Sheriff's Offices!

We at POST would like to sincerely thank Douglas County Sheriff's Office and Storey County Sheriff's Office, for their donations of training vehicles. These vehicles will be put right to use by our academy cadets! As you all know, donations like these are vital to our organization as we strive to do more with less.

If your department or organization would like to donate any vehicles to POST, please contact: Adam Houle at (775)687-3314 or by e-mail at

[ahoule@post.state.nv.us](mailto:ahoule@post.state.nv.us)

## Future Transition for Online Courses and Exams

SMART 21, short for "Silver State Modernization Approach for Resource and Technology in the 21st Century" is the transformation of many of the state government's legacy computer systems to new cloud-based technology; the first wave of transition occurred on March 1. Among other things, this will eventually replace the current state learning management system ("L.M.S."), known as NVELearn. POST has for some time used the NVELearn platform to host our online-based training, to manage online testing for our basic and professional courses, to host state certification exams, and to host a portion of our training records. It is a priority for POST to minimize disruptions to the learning environment as we gradually transition to the new "SuccessFactors" learning system over the next few months, and the legacy NVELearn system will continue to be available until we complete this transition. We will regularly communicate and coordinate any updates with academies and agencies well in advance.

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**Are you a new SPOC for your agency?**

Don't forget to take our SPOC training for more information regarding how to:

- Add a new Peace Officer's employment
- Updating a Peace Officer's employment
- Completing a Basic Certificate Application
- Entering training, both professional and annual compliance
- Applying for professional certificates
- Certifying a course
- Changing or decertifying a course

Click [here](#) to access the training.

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**Have questions?**

Click [here](#) to find the answers in our POST Administration Manual.

**Law Enforcement Officer Flying Armed (LEOFA) Training Update**

In response to updated guidance from the US Department of Homeland Security, POST has rescinded the online "Flying While Armed" training course previously available in the NVELearn system. Among the many pre-requisites for non-federal LEOs to fly armed aboard scheduled air service, individuals must complete the DHS LEOSA training curriculum in an instructor-led course, which now must be taught by agency personnel meeting the instructor qualification standards of the agency in which they are employed. It is recommended that any peace officer who previously completed the course online, or who require an update in Transportation Security Administration policies and procedures, re-take the training prior to any mission from an instructor designated by your individual agency. Agencies may request the training materials from DHS directly by visiting [www.tsa.gov/travel/law-enforcement](http://www.tsa.gov/travel/law-enforcement).

**First Line Supervisor**

Notice: The POST First Line Supervisor Course has been updated. Effective January 1, 2021, previous course material will be obsolete and the course exam in NVELearn will reflect updated material. If your agency is currently presenting, or planning to present, the First Line Supervisor Course, please contact POST Training Division at [gbennallack@post.state.nv.us](mailto:gbennallack@post.state.nv.us) or 775-687-3311 to obtain course materials and presentation instructions.

**Attn: Agency SPOC's and Agency Administrators**

In 2012, NAC289.235 was created to provide an alternate route to suspension or revocation of a basic certificate. Not only can an officer decide to surrender his basic for reasons of his/her own, an agency can provide this option when negotiating a termination agreement, as part of a plea agreement during a trial, or even as part of a settlement agreement.

The "Voluntary Surrender of Basic Certificate" is located on the POST website, under the Forms tab. The POST Commission can suspend/revoke once an officer has been sentenced, but an agency, or the officer themselves, can utilize this option at any time.

Contact Chief Kathy Floyd for more information or if you have questions,  
(775) 687-3335.

**SPOC's and Agency Administrators**

Please be sure to send an Agency Contact Update Form when you have any changes to your agency SPOC, Agency Administrators, or Agency address, especially personnel changes or email changes. This form can be found on the POST website, under the Forms Tab. If you are unsure of who we have listed as your agency contacts, please email Kelly Engels at [k.engels@post.state.nv.us](mailto:k.engels@post.state.nv.us)

**Academy Instructors**

Nevada POST is currently establishing a list of qualified/certified instructors who are interested in teaching at the Basic Academy. We are particularly interested in establishing a cadre of instructors in the following disciplines:

**ASP Baton  
Taser  
O.C.**

**E.V.O.C.  
ALERRT/Active  
Assailant**

**SFST  
ARIDE**

If you are a certified instructor in any of the above disciplines, or any other areas of expertise, and interested in instructing for the POST Basic Academy, please contact Academy Commander Warren Turner at 775-687-3359 or email: [wturner@post.state.nv.us](mailto:wturner@post.state.nv.us)

## SNALET/NALET Meetings

The **SNALET** and **NALET** meetings will be **CANCELLED** until further notice

## NRS/NAC & POST Regulations

Certification from POST requirements.

[NRS 289.550](#)

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## Reciprocity Eligibility Requirements

## Nevada Reciprocity Training Course

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## Peace Officer Definitions by Category.

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Minimum standards for appointment

[NAC 289.110](#)

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## Lower Body Exercises to Also Challenge Balance

By Richard Moore, POST Training Specialist

About one year ago I wrote about the importance of challenging your balance “mechanism” through exercise, regardless of your fitness level or preferred type of exercise. To recap: Proper dynamic balance is a key to all functional body movements, and poor conditioning of the neuromuscular factors that strongly influence balance and stability can lead to injury and suboptimal physical performance when it is most needed on the job. Unfortunately, many workout routines such as weightlifting or cardio neglect to properly train the balance mechanism.

This month I want to suggest some exercises that target lower body muscle groups but also do a great job with challenging your body’s balance mechanism.

1. **“Reverse lunge”**: In addition to challenging the muscles and receptors supporting body balance this works the glutes, legs, and core, with particular emphasis on hamstrings and glutes. Start by standing straight, feet hip-width apart. Then take a giant step backwards with your left foot. Bend your right knee until it’s at 90° and lower your left knee until it is also bent at a right angle. Then push back up and return to the starting position. Make sure to keep your torso straight and upright throughout the movement. Change sides. Once you’ve become comfortable you can gradually increase weight by holding dumbbells in each hand, but don’t overdo it! 10 reps on each foot for 2-3 sets.
2. **“Lateral (side) lunge to balance”**: This takes the usual lateral lunge which works your glutes and legs -and concentrates on inner thighs - one step further, ending each rep by balancing on one leg to exercise the balance mechanism and improve stability. Stand with feet hip-width apart. Step directly out to the side with left foot and lower into a squat. Keep right leg straight. Then push off the left foot to stand and raise the left knee, while balancing on right leg. Repeat for 12 reps, then switch sides. 2-3 sets. After you become comfortable, you may try it on a slightly unstable surface such as a mat to increase the balance challenge.
3. **“Assisted single-leg squat”**: This mostly targets the quadriceps and glutes but impacts many other muscles/groups including your core and challenges your balance very well. Perform this next to some vertical support that you can hold onto, such as a pole or door frame. Stand straight with feet hip-width apart facing your support, with your toes about six inches from it. Grasp the support with both hands and raise and extend one leg past the support with knee straight, pointing the toe at the ceiling. While your back remains straight, lower yourself by bending the other leg, while carefully “walking” your hands down the support to follow your body’s movement. Try to squat as low as you can - imagine yourself attempting to sit on a very low stool. Then return to the standing position while keeping the same leg extended off the ground, walking your hands back up the pole/frame. Rely on your lower body muscles - using your arms only to maintain balance. For those who do not normally perform squats this may take time to build strength and endurance so you may initially be able to do only a couple repetitions on each leg for 2-3 sets, but challenge yourself to eventually achieve 10-12 reps per leg, each set. You can later increase the balance challenge by standing on a slightly unstable surface such as a mat or foam pad.

Next month I will follow up with core and upper body exercises that also provide a balance challenge.

Stay safe!

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## Reserve Program

The Reserve program has been updated! For enrollment packets, please see the Forms Tab on the POST web-site.

If you have any questions or need assistance with this program, please call or email Kayla at (775)687-3310 or

[kparsley@post.state.nv.us](mailto:kparsley@post.state.nv.us)

## Reciprocity Reminder

As a reminder per the Commission meeting in September of 2018 all POST Physical Fitness Tests for Reciprocity will be administered by a POST staff member. For all Southern Nevada tests please contact Dean Paris at 775-687-3348 or [dparis@post.state.nv.us](mailto:dparis@post.state.nv.us) For all Northern Nevada tests please contact Randy Misch at 775-687-3350 or [rmisch@post.state.nv.us](mailto:rmisch@post.state.nv.us)

## POST Professional Certificates Awarded

POST is proud to list the following officers that have been awarded Professional Certificates during the month of April

### **Henderson Township Constable's Office**

Taylor, Kenny C.; Advanced

### **Clark Co School District PD**

Sanchez, Keith F; Intermediate

Parks, Laquedra ; Advanced, Intermediate

### **Humboldt Co SO**

Negus, Kyle A.; Supervisor

### **LV Metro Detention Center**

Lile, Linda S.; Advanced

Valencia, Ulises; Intermediate, Advanced

### **NV Dept of Corrections**

Mainwaring, Joseph L.; Intermediate

### **LV Metro PD**

Cordero Jr., Danny L.; Intermediate

Duffin, Grant J.; Advanced, Intermediate

Jenkins, Aaron C.; Advanced, Intermediate

Kowalski, Brian D.; Advanced, Intermediate

Krumme, Troyce A.; Advanced, Intermediate, Supervisor

### **NV Dept of Public Safety**

Eby, Brian M.; Intermediate

Darcey, Christopher R.; Advanced

Hageman, Zeke T.; Supervisor

Robertson, Jeremy P.; Intermediate

Yannis, Charles E.; Intermediate, Advanced

Lee, Michael A.; Intermediate, Advanced

Lovell, Robb J. Intermediate, Advanced

Stoddard, David W.; Intermediate, Advanced, Supervisor

### **NV Transportation Authority**

Brown, Jason E.; Advanced

### **Reno PD**

Moore, Tony R.; Intermediate; Advanced

### **Sparks PD**

Fye, Kenneth M.; Intermediate, Advanced

### **Douglas Co SO**

Clifford, Dustin A.; Intermediate

Michitarian, Conner A.; Intermediate

### **Washoe Co Dept of Alt Sentencing**

Sherbondy, Andrew E.; Intermediate, Advanced

### **Henderson PD**

Reeves, Unique T.; Intermediate

Harman, Collette B.; Intermediate, Advanced

### **Washoe Co School Dist PD**

Szabo, Christopher A.; Advanced

Cottam, Robert G.; Supervisor

### **White Pine Co SO**

Rivera III, Ernest; Intermediate